

# Joining forces to prevent torture and other ill-treatment

Regional meeting of NPMs and CSOs of the OSCE region on Mental Health in Detention  
9-10 November 2023  
Charlottehaven, Hjørringgade 12C, Copenhagen, Denmark

## Objectives

- To explore the risk factors and situations which contribute to torture and other ill-treatment of persons with mental health conditions in detention and ways to address them.
- To examine standards, monitoring practices and NPM strategies to address challenges related to mental health across different detention contexts.
- To enable interaction between NPMs, CSOs and experts to share and identify good practices and reinforce cooperation.
- To help NPMs to make better use of their reporting and recommendation powers to bring about change.

<b>9 November   Thematic Focus on: Mental Health in Detention</b> <b>Participants: NPMs and CSOs</b>	
<b>09:00 - 09:30</b>	<b>ARRIVAL AND REGISTRATION</b>
<b>09:30 - 10:00</b>	<p><b>WELCOME AND OPENING</b></p> <p><b>Opening remarks</b></p> <ul style="list-style-type: none"> <li>• Laura Jaffrey, Adviser on Torture Prevention, OSCE/ODIHR</li> <li>• Barbara Bernath, Secretary General, APT</li> <li>• Tigran Karapetyan, Head of Transversal Challenges and Multilateral Projects Division, DGI I- Human Rights and Rule of Law, Council of Europe</li> <li>• Klavs Kinnerup Hede, Director of International Relations, the Parliamentary Ombudsman of Denmark</li> </ul> <p><b>Introduction of objectives and methodology</b> Ben Buckland, Senior Advisor on Oversight, APT</p>
<b>10:00 - 11:15</b>	<p><b>SESSION I- MENTAL HEALTH IN DETENTION: SETTING THE SCENE</b></p> <p><b>Objectives</b></p> <ul style="list-style-type: none"> <li>• To introduce the specific and cross-cutting mental health issues that exist within and across different kinds of detention environments, including psychiatric hospitals, migrant detention centres and prisons.</li> <li>• To introduce some of the ways in which monitoring bodies can respond (including changes in legislation, deinstitutionalisation and alternative measures to incarceration).</li> </ul> <p><b>Introduction by the moderator</b> Barbara Bernath, Secretary General, APT</p>

	<p><b>Panel discussion</b></p> <ul style="list-style-type: none"> <li>· Olivera Vulic, Psychiatrist at Health Centre Podgorica, Independent Medical Faculty Belgrade</li> <li>· Florence Laufer, Director, Prison Insider</li> <li>· Nikolaj Kunøe, Project Manager of The Lovisenberg study of Open-door policies in acute mental healthcare, Norway</li> <li>· Anders-Molander Skavlan, Assistant Lawyer, Execution of Judgments of the European Court of Human Rights, Council of Europe</li> <li>· Antonella Dionisi, Deputy Head of International Relations Unit, National Guarantor for the Rights of Persons Deprived of Liberty (Italian NPM)</li> </ul> <p><b>Plenary discussion</b></p>
11:15 - 11:45	<p><b>COFFEE BREAK</b></p>
11:45 - 13:00	<p><b>SESSION II- MENTAL HEALTH VULNERABILITY AND INTERSECTIONALITY</b></p> <p><b>Objectives</b></p> <ul style="list-style-type: none"> <li>● To introduce the issue of vulnerability and intersectionality as it relates to mental health in detention.</li> </ul> <p><b>Introduction and moderation:</b> Klavs Kinnerup Hede, Director of International Relations, the Parliamentary Ombudsman of Denmark</p> <p><b>Facilitated dialogue around key questions:</b></p> <ul style="list-style-type: none"> <li>· Catalina Devandas, Executive Director of the Disability Rights Fund &amp; Disability Rights Advocacy Fund and former UN Special Rapporteur on persons with disabilities (online)</li> <li>· Anne-Sophie Bonnet, Controller &amp; in charge of international affairs, Contrôleur général des lieux de privation de liberté (CGLPL), France</li> <li>· Jens Modvig, Consultant Doctor at DIGNITY - Danish Institute Against Torture</li> <li>· Sean Barnes, Care Quality Commission Expert by Experience</li> </ul> <p><b>Plenary discussion</b></p>
13:00 - 14:30	<p><b>LUNCH</b></p>
14:30 - 15:30	<p><b>SESSION III- MONITORING MENTAL HEALTH IN DIFFERENT PLACES OF DETENTION</b></p> <p><b>Objectives</b></p> <ul style="list-style-type: none"> <li>● To go into deeper discussions on monitoring mental health in different detention settings.</li> </ul> <p><b>Moderated by:</b> Laura Jaffrey, Adviser on Torture Prevention, OSCE/ODIHR</p> <p><b>Four parallel working groups on:</b></p> <ol style="list-style-type: none"> <li>1. <b>Monitoring mental health in prisons and pre-trial detention</b> Moderated by: Veronica Filippeschi, Senior Adviser on Vulnerabilities and Policy, APT</li> </ol>

	<ul style="list-style-type: none"> <li>● Kick off: Jens Modvig, Consultant Doctor at DIGNITY - Danish Institute Against Torture Starting questions: <ul style="list-style-type: none"> <li>○ Where are the root causes of the problems you see? Are they in individual places or at the level of institutions, laws, or policies?</li> <li>○ How do you approach these issues as monitors? Both at the visit (practical) level? And at the level of NPM strategy and prioritization?</li> <li>○ What has worked well in your context?</li> </ul> </li> </ul> <p>2. <b>Monitoring mental health in psychiatric institutions and other health or social care facilities</b> Moderated by: Tigran Karapetyan, Head of Division, Council of Europe Kick off: Tonje Byhre, Senior adviser (psychologist), Norwegian NPM Starting questions: <ul style="list-style-type: none"> <li>○ How have you approached these kinds of settings as NPMs? Have you reported on your country's psychiatric hospitals disregarding fundamental rights of people with mental health conditions?</li> <li>○ How have you managed to approach the issue of standards and expectations in these kinds of settings?</li> <li>○ What has worked well in your context?</li> </ul> </p> <p>3. <b>Monitoring mental health in immigration detention</b> Moderated by: Laura Jaffrey, Adviser on Torture Prevention, OSCE/ODIHR Kick off: Sofia Casas, UNHCR Regional Mental Health &amp; Psychosocial Support Officer and Indrek-Ivar Määrits, Head of the Inspection Visits Department Office of the Chancellor of Justice, Estonian NPM Starting questions: <ul style="list-style-type: none"> <li>○ Have you reported on your country's immigration detention centres disregarding human rights of people with mental health conditions?</li> <li>○ How have you managed to approach the issue of intersectionality in these settings?</li> <li>○ What has worked well in your context?</li> </ul> </p> <p>4. <b>Monitoring mental health in detention (Russian language group)</b> Moderated by: Lela Tsiskharishvili, Executive Director, The Georgian Centre for Psychosocial and Medical Rehabilitation of Torture Victims – GCRT and Anzhela Tsaturian, Assistant, Human Rights Department / OSCE/ODIHR <i>The aim of the Russian language group is to accommodate participants who feel more comfortable expressing themselves in Russian. Group participants will have the option to focus on one or more topics covered in the other working groups.</i></p>
15:30 - 16:30	<b>SESSION III- PLENARY DISCUSSION</b>

	<p><b>Summary of working group discussions</b> (by rapporteurs – chosen by working groups)</p> <p>Discussion in plenary</p> <p><b>Moderated by:</b> Laura Jaffrey, Adviser on Torture Prevention, OSCE/ODIHR</p>
16:30 - 16:45	<b>COFFEE BREAK</b>
16:45 - 17:45	<p><b>SESSION IV- CONDUCTING INTERVIEWS WITH PEOPLE WITH MENTAL HEALTH CONDITIONS</b></p> <p><b>Introduction by the moderator:</b> Klavs Kinnerup Hede, Director of International Relations, the Parliamentary Ombudsman of Denmark</p> <p><b>Introduction to the topic with short presentations:</b> Ion Schidu, Project Manager, Validity Foundation and Lela Tsiskharishvili, Executive Director, The Georgian Centre for Psychosocial and Medical Rehabilitation of Torture Victims - GCRT</p> <p><b>Facilitated discussion in plenary</b> Starting questions:</p> <ul style="list-style-type: none"> <li>● How you conduct the interview (when you are prepared and when you just find yourself with someone with mental health conditions).</li> <li>● How you select people to interview (when it is your focus)</li> </ul> <p><b>Closing presentation on the ODIHR e-learning course on trauma informed interviewing</b></p>
17:45 - 18:00	<b>CLOSING</b>
18:30 - 20:00	<b>RECEPTION HOSTED BY THE DANISH PARLIAMENTARY OMBUDSMAN</b>

<b>10 November   Reports, Recommendations and Follow up</b> Participants: NPMs and CSOs	
09:00 - 10:00	<p><b>SESSION V- MENTAL HEALTH OF MONITORS</b></p> <p><b>Introduction by the moderator:</b> Veronica Filippeschi, Senior Adviser on Vulnerabilities and Policy, APT</p> <p><b>Facilitated plenary discussion with kick off remarks by:</b></p> <ul style="list-style-type: none"> <li>· Indrek-Ivar Määrits, Head of the Inspection Visits Department, Office of the Chancellor of Justice of Estonia</li> <li>· Karin Afeef, Deputy Head, Norwegian NPM</li> </ul> <p>Starting questions:</p> <ul style="list-style-type: none"> <li>● Why do you think it is important to address the issue of mental health of monitors?</li> <li>● What measures have been taken by your institution to address this issue and what else is needed/could be done?</li> </ul>

10:00 - 10:30	COFFEE BREAK
10:30 -12:00	<p><b>SESSION VI- COOPERATION AND STRATEGIES FOR IMPACT</b></p> <p><b>Objectives</b></p> <ul style="list-style-type: none"> <li>To go into deeper discussions on cooperation, confidentiality and strategies for impact.</li> </ul> <p><b>Introduction by the moderator:</b> Laura Jaffrey, Adviser on Torture Prevention, OSCE/ODIHR</p> <p><b>Parallel working groups on:</b></p> <ol style="list-style-type: none"> <li><b>1. Reports and other strategies to drive change</b>  Moderated by: Sébastien Potaufeu, DGI I- Human Rights and Rule of Law, Council of Europe  Starting questions: <ul style="list-style-type: none"> <li>When strategies (including thematic and other types of reports) have triggered change?</li> <li>What led specifically to those changes happening?</li> <li>Why are some changes not achieved?</li> </ul> </li> <li><b>2. Confidentiality, data protection and information sharing</b>  Moderated by: Constance Naud-Arcand, Assistant Project Officer, Torture Prevention, ODIHR  Starting questions: <ul style="list-style-type: none"> <li>What are some of the situations you find difficult as NPMs and CSO monitors in relation to confidentiality and information sharing?</li> <li>Do you find rules (for example about mandatory reporting of crimes) help or hinder you in your work?</li> <li>Are there challenges relating to sharing information internally with the rest of the NHRI or ombuds institution or externally, including between NPMs and CSOs and other oversight bodies?</li> </ul> </li> <li><b>3. Cooperating for change</b>  Moderated by: Ben Buckland, Senior Advisor on Oversight, APT  Starting questions: <ul style="list-style-type: none"> <li>How have you successfully cooperated with others (including between NPMs, CSOs and other oversight bodies) to drive change?</li> <li>What do you think are the elements that make cooperation succeed or fail?</li> </ul> </li> <li><b>4. Russian language group</b>  Moderated by: Anzhela Tsaturian, Assistant, Human Rights Department / OSCE/ODIHR  <i>The aim of the Russian language group is to accommodate participants who feel more comfortable expressing themselves in</i> </li> </ol>

	<p><i>Russian. Group participants will the option to focus on one or more topics covered in the other working groups.</i></p> <p><b>Presentation by working group rapporteurs and plenary discussion</b></p>
12:00 - 13:30	<b>LUNCH AND DEPARTURE OF CSOS</b>
13:30 - 15:00	<p><b>SESSION VII- TRACKING RECOMMENDATIONS' IMPLEMENTATION</b></p> <p><b>Objectives</b></p> <ul style="list-style-type: none"> <li>● To introduce the issue of how NPMs track recommendations, and their implementation over time.</li> </ul> <p><b>Introduction and moderation</b> Bernadette Fidler, Human Rights Researcher at Ludwig Boltzmann Institute of Fundamental and Human Rights</p> <p><b>Sharing of experiences:</b></p> <ul style="list-style-type: none"> <li>· Tamar Khokhobashvili, Legal Expert, Georgian NPM</li> <li>· Laura Gasparyan, Head of Armenian NPM</li> <li>· Sam Gluckstein, Head of UK NPM</li> </ul> <p><b>Plenary discussion</b></p>
15:00 - 15:15	<b>COFFEE BREAK</b>
15:15 - 16:15	<p><b>SESSION VIII- FOLLOW UP AND DIALOGUE FOR CHANGE</b></p> <p><b>Introduction by the moderator:</b> Barbara Bernath, Secretary General, APT</p> <p><b>Plenary discussion</b> Starting questions:</p> <ul style="list-style-type: none"> <li>● How do you know what has changed? What strategies do you use for measuring your impact?</li> <li>● How does dialogue help you to achieve change and also to understand whether change has happened?</li> </ul>
16:15 - 17:00	<p><b>WAYS FORWARD AND CLOSING</b></p> <p><b>Wrap up and concluding remarks</b></p> <ul style="list-style-type: none"> <li>· Laura Jaffrey, Adviser on Torture Prevention, OSCE/ODIHR</li> <li>· Barbara Bernath, Secretary General, APT</li> <li>· Sébastien Potaufeu, DGI I- Human Rights and Rule of Law, Council of Europe</li> <li>· Klavs Kinnerup Hede, Director of International Relations, the Parliamentary Ombudsman of Denmark</li> </ul> <p>Evaluation of the meeting (forms will be circulated)</p>